॥ गीता ध्यानम् ॥

Gīta Dhyānam

ॐ पार्थाय प्रतिबोधितां भगवता नारायणेन स्वयं
व्यासेन ग्रथितां पुराणमुनिना मध्येमहाभारतम् ।
अद्वैतामृतवर्षिणीं भगवतीमष्टादशाध्यायिनीं
अम्ब त्वामनुसंदधामि भगवद्गीते भवद्वेषिणीम् ॥ १ ॥

Om pārthāya pratibodhitām bhagavatā nārāyanena svayam
vyāsena grathitām purāna-muninā madhye mahābhāratam
advaitāmrta-varshinim bhagavatīm-ashtadashādhyāyinīm
amba tvām-anusandadhāmi bhagavad-gīte bhava-dveshinīm **1.**

1. Om. O *Bhagavad Gita*, with which Partha was illumined by Lord Narayana Himself, and which was composed within the *Mahabharata* by the ancient sage, Vyasa, O Divine Mother, the destroyer of rebirth, the showerer of the nectar of Advaita, and consisting of eighteen discourses—upon Thee, O *Gita*, O affectionate Mother, I meditate!

नमोऽस्तु ते व्यास विशालबुद्धे फुल्लारविन्दायतपत्रनेत्र ।
येन त्वया भारततैलपूर्णः प्रज्वालितो ज्ञानमयः प्रदीपः ॥ २ ॥

Namo'stu te vyāsa vishāla-buddhe phullāravindāyata-patra-netra
yena tvayā bhārata-taila-pūrnah prajvālito jnānamayah pradīpah **2.**

2. Salutations unto thee, O Vyasa, of broad intellect and with eyes like the petals of a full-blown lotus, by whom the lamp of knowledge, filled with the oil of the *Mahabharata*, has been lighted!

प्रपन्नपारिजाताय तोत्रवेत्रैकपाणये ।
ज्ञानमुद्राय कृष्णाय गीतामृतदुहे नमः ॥ ३ ॥

Prapanna-pārijātāya totravetraikapānaye
jnāna-mudrāya krshnāya gītamrta-duhe namah **3.**

3. Salutations to Lord Krishna, the Parijata or the Kalpataru or the bestower of all desires for those who take refuge in Him, the holder of the whip in one hand, the holder of the symbol of divine knowledge and the milker of the divine nectar of the *Bhagavad Gita*!

सर्वोपनिषदो गावो दोग्धा गोपालनन्दनः ।
पार्थो वत्सः सुधीर्भोक्ता दुग्धं गीतामृतं महत् ॥ ४ ॥

Sarvpanishado gāvo dogdhā gopāla-nandanah
pārtho vatsah sudhīr-bhokttā dugdham gītamrtam mahat **4.**

4. All the *Upanishads* are the cows; the milker is Krishna; the cowherd boy, Partha (Arjuna), is the calf; men of purified intellect are the drinkers; the milk is the great nectar of the *Gita.*

वसुदेवसुतं देवं कंसचाणूरमर्दनम् ।
देवकी परमानन्दं कृष्णं वन्दे जगद्गुरुम् ॥ ५ ॥

Vasudeva-sutam devam kamsa-chānūra-mardanam
devakī paramānandam krishnam vande jagad-gurum **5.**

5. I salute Sri Krishna, the world-teacher, son of Vasudeva, the destroyer of Kamsa and Chanura, the supreme bliss of Devaki!

भीष्मद्रोणतटा जयद्रथजला गान्धारनीलोत्पला
शल्यग्राहवती कृपेण वहनी कर्णेन वेलाकुला ।
अश्वत्थामविकर्णघोरमकरा दुर्योधनावर्तिनी
सोत्तीर्णा खलु पाण्डवै रणनदी कैवर्तकः केशवः ॥ ६ ॥

Bhīshma-drona thatā jayadratha-jalā gāndhāra-nīlotpalā
shalya-grāhavatī kripena vahanī karnena velākulā
ashvatthāma-vikarna ghora makarā duryodhanāvartinī
sottīrnā khalu pāndavai rana-nadī kaivartakah keshavah **6.**

6. With Kesava as the helmsman, verily was crossed by the Pandavas the battle-river, whose banks were Bhishma and Drona, whose water was Jayadratha, whose blue lotus was the king of Gandhara, whose crocodile was Salya, whose current was Kripa, whose billow was Karna, whose terrible alligators were Vikarna and Asvatthama, whose whirlpool was Duryodhana.

पाराशर्यवचःसरोजममलं गीतार्थगन्धोत्कटं
नानाख्यानककेसरं हरिकथासम्बोधनाबोधितम् ।
लोके सज्जनषट्पदैरहरहः पेपीयमानं मुदा
भूयाद्भारतपंकजं कलिमलप्रध्वंसि नः श्रेयसे ॥ ७ ॥

Pārāsharya-vacha-saroham amalam gītartha gandhotkatam
nānākhyānakakesaram hari-kathā sambodhanā bhodhitam
loke sajjana-shatpadairaharahah pepīyamānam mudā
bhūyād bhārata-pankajam kalimalapradhvamsinah shreyase **7.**

7. May this lotus of the *Mahabharata,* born in the lake of the words of Vyasa, sweet with the fragrance of the meaning of the *Gita,* with many stories as its stamens, fully opened by the discourses of Hari, the destroyer of the sins of Kali, and drunk joyously by the bees of good men in the world, become day by day the bestower of good to us!

मूकं करोति वाचालं पङ्गुं लङ्घयते गिरिम् ।
यत्कृपा तमहं वन्दे परमानन्दमाधवम् ॥ ८ ॥

Mūkam karoti vāchālam pangum langhayate girim
yatkrpā tam-aham vande param-ānanda-mādhavam **8.**

8. I salute that Madhava, the source of supreme bliss, whose Grace makes the dumb eloquent and the cripple cross mountains!

यं ब्रह्मा वरुणेन्द्ररुद्रमरुतः स्तुन्वन्ति दिव्यैः स्तवैः
वेदैःसाङ्गपदक्रमोपनिषदैर्गायन्ति यं सामगाः ।
ध्यानावस्थिततद्गतेन मनसा पश्यन्ति यं योगिनो
यस्यान्तं न विदुः सुरासुरगणाः देवाय तस्मै नमः ॥ ९ ॥

Yam brahmā varunendra-rudra-marutah stunvanti divyaih stavaih
vedaih sāngapada-kramopanishadair-gāyanti yam sāmagāh
dhyānāvasthita tad-gatena manasā pashyanti yam yogino
yasyāntam na viduh surasuraganā devāya tasmai namah **9.**

9. Salutations to that God whom Brahma, Indra, Varuna, Rudra and the Maruts praise with divine hymns, of whom the Sama-chanters sing by the *Vedas* and their Angas (in the Pada and Krama methods), and by the *Upanishads;* whom the Yogis see with their minds absorbed in Him through meditation, and whose ends the hosts of Devas and Asuras know not!

सर्वधर्मान्परित्यज्य मामेकं शरणं व्रज ।
अहं त्वा सर्वपापेभ्यः मोक्षयिष्यामि मा शुचः ॥ १० ॥

Sarva dharmān-parityajya māmekam sharanam vraja
aam tvā sarvapāpebhyah mokshayishyami ma shuchah **10.**

10. Abandoning all duties, take refuge in Me alone; I will liberate thee from all sins; grieve not.